



Recipe Submitted by: SV Raindancer

## WIENIE OMELET

2 beef wienies  
3 eggs

Slice wienies length wise, then slice into small pieces. On all sides Sauté until golden brown. Add eggs and scramble together until eggs are cooked to your liking. Use as much catsup as you like to disguise the flavor. Serve with peanut butter toast and a glass of orange juice. Dan says this includes all the food groups.