



Recipe Submitted by: SV Sunnyside

Black Bean Topping

1 can black beans
2 chopped chili green peppers
2 tablespoons lime juice
1 onion chopped
2 cloves garlic
1 tomato chopped
½ cup cilantro chopped

Mix the ingredients in a kettle and bring to a boil. Serve over the rice.

I like this meal best served with a little corn and slice of cantaloupe to give that great Caribbean taste. This recipe should serve six or at least four hungry Sailors.